

WESTON HIGH SCHOOL

SCHOOL-TO-CAREERS

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Senior Internship Course Overview

Purpose

- Give students the opportunity to discover their strengths, weaknesses, work values and career interests.
- Prepare students for the world of work through exercises in resume writing, interview skills, and acceptable workplace behavior.
- Offer seniors an opportunity to experience a career of their choice through a three-week work-site internship.
- Match students with a mentor who will share career information and personal experiences.
- Help students to make informed decisions about college majors and career paths.

Description

- The Senior Internship Course runs second semester, January to June.
- The internship placement occurs during the last three weeks of the school year, **May 12, 2008 – June 3, 2008**. Interns work at a company or organization six hours per day, five days per week. Allowances for AP classes and exams are made.
- The internship is unpaid. Some companies, at their discretion, may pay interns or offer them summer employment.
- Mentors determine mutually beneficial tasks or projects for the intern to complete during the three-week work experience.

Mentors' Role

May 12, 2008 – June 3, 2008

- Mentors provide guidance, information, and advice concerning their occupation and personal career journey.
- Whenever possible, mentors provide interns with work that is worthwhile and relevant to their career.
- Mentors expose interns to as many aspects and activities of the career as possible.
- Mentors review their intern's work once a week, providing suggestions for improvement and answering questions.
- Mentors verify their intern's attendance and complete a brief evaluation at the end of the internship.