

Weston Recreation Brochure

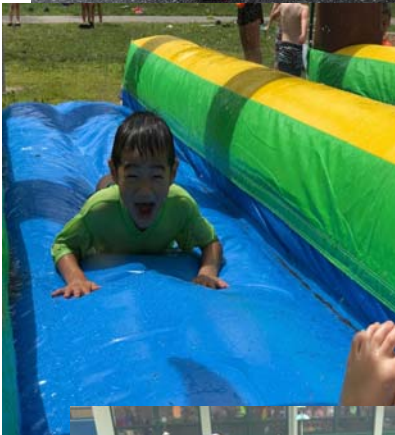
Winter 2018



Online Registration begins Tuesday, December 5 at 7pm
*Walk-In Registration begins Wednesday, December 6 at 8:30am
www.weston.org

Weston Recreation Department, 20 Alphabet Lane, Weston MA 02493
T: 781-786-6260, F: 781-786-6269

Summer Camp registration begins March 13th! Don't miss out on any of the fun! Camp information starts on page 5 of this brochure.



Good times!

781-786-6260

Winter Program Registration Information

You may register for programs online at www.weston.org. We HIGHLY recommend that you visit the online system a few days before registration to make sure that you're prepared when online registration begins. * Please note: we do not reserve spaces for walk-in registration.

For new users, who have never participated in a Weston Recreation Department program, click on "Need an Account". Complete the required information and submit. You'll receive a confirmation email when your account has been set up in our system. **Please note** that it may take up to 48 hours for you to hear back from this office.

For those who have previously participated in Weston Rec. Programs, but have not set-up an online account including username and password. You will log onto the Town Website (www.weston.org) >Online Services>Register for Recreation Programs. Enter your home phone number (without spaces, dashes, etc) in both the username and password fields. You'll then be allowed into the system, where you can change both your username and password, answer a few security questions and then you'll be set up to register for programs.

For returning users, you will enter the user name and password you set-up previously. When exiting WebTrac, always click the "sign out" button. Please do not "esc" when you've finished your session, or your username and password of your choosing will not be saved. Your household i.d. # will then become your username and password until you log on and change it.

Weston Recreation will be open until 8:30pm on Tuesday, December 5. Please call if you need assistance.

REGISTRATION START DATES & TIMES

<u>ONLINE RESIDENT</u>	Tuesday, December 5	7:00pm
* <u>WALK-IN RESIDENT</u>	Wednesday, December 6	8:30am
<u>ONLINE NON-RESIDENT</u>	Tuesday, December 12	7:00am
<u>WALK-IN NON-RESIDENT</u>	Tuesday, December 12	8:30am

Frequently Requested Phone Numbers & Email Addresses

Girl Scouts	781-899-8080, www.girlscoutseasternmass.org
Boy Scouts	508-894-3297, www.ktc-bsa.org
Cub Scouts	www.cub157.org
Council on Aging	781-786-6280, www.weston.org
Josiah Smith Tavern/Barn	781-891-7835, barn@wclweston.org
Land's Sake Farm	781-893-1162 www.landssake.org
Wayland-Weston Crew	Adam Schayowitz, www.wccrew.org , aschayowitz@gmail.com
Wayland-Weston Pop Warner	www.wwpopwarner.com
WCCA	617-861-7690, Alix Mackey, Pres, alixmackey@gmail.com , contact@wccakids.org
Weston Baseball League	www.westonbaseball.com
Weston Drama Workshop	www.westondramaworkshop.info@gmail.com
Weston Media Center	781-642-8505 www.westonmedia.org , westonstudio@comcast.net
Weston Public Library	781-786-6150, www.westonlibrary.org
Weston Public Schools	781-786-5200, www.westonschools.org
Weston Soccer League	781-894-7030, www.westonsoccer.org , suespencer@p2software.com
Weston Skating Club	www.westonskate.org , mail@westonskate.org
Weston Town Hall	781-786-5000, www.weston.org
Weston Youth Basketball	781-899-6920 www.westonyouthbasketball.com , michaelashearn@gmail.com
Weston Youth Lacrosse	781-647-1717, Allison Abrams, www.westonyouthlacrosse.com



register online @ www.weston.org

General Information

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Thank you Lamson Park donors!	Back Cover

Attending Programs

You must register and pay prior to attending a program, unless otherwise stated in the program description. Only the person registered for the class may attend. If the original participant is no longer attending, you may not substitute another family member. All programs meet at the Weston Community Center unless otherwise noted.

Non-Resident Registrations

Non-residents may register for youth, preschool, and adult programs, space permitting. (See page 2). Swim lessons and summer camps are only available to those who purchased a non-resident summer membership.

Refund Policy

-Participants will receive a refund minus a \$10 administrative fee for each withdrawal or transfer once a program registration has been made. The Recreation office must be notified during regular business hours (Monday - Friday, 8:30am-4:30pm) before the second class to be eligible for a refund at 781-786-6260.

One Day Programs & Workshop cancellations must be made at least 7 days in advance to receive a refund. No refunds will be issued if the time requirement is not met.

Full refunds will be issued if Weston Recreation cancels the class.

Refunds take 2-4 weeks to process and are mailed in check form from the Town if payment was made by check or cash. Your credit card will be refunded if you paid by credit card. If you have an outstanding balance, the refund will be automatically applied to that balance.

Badge Information

Weston Recreation offers four different types of badges; the All-Inclusive, Seasonal, Memorial Pool, and Camp Badges. Please visit our website for more information and pricing.

Recreation Department Staff

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Weston Recreation Commission

Michelle Callanan

Franz Loeber

Elly Draper Pendergast

Eric Rosenthal

Matthew Schulman, Chair

Victoria A. Whalen

Xinsheng Zhu

Summer Camp Registration Information

Online Registration begins on Tuesday, March 13th at 7pm

Log on to www.weston.org to register for camp. Follow the same procedure outlined on page 3. Please see “[Registration Information](#)” below for more information on requirements for camp attendance.

Walk-In Registration begins on Thursday, March 15h at 8:30am

Camp Schedule

Week 1: July 2 - July 6
(no camp Tuesday, July 4)

Week 2: July 9 - July 13

Week 3: July 16 - July 20

Week 4: July 23 - July 27

Week 5: Jul 30 - Aug 3

Week 6: Aug 6 - Aug 10

New for 2018, bonus week
of field trips, Aug 13-17

Registration Information

Camp registration forms will be available at the Recreation Office starting February 12th for walk-in registrations. Payment in full must be made with registration. Medical forms* are required for all camp programs and physicals must be dated within two years of camp attendance. (Please see Camp Docs below). All participants in camp must have a Recreation Badge for the season beginning May 2018. You must purchase either an All-Inclusive, Memorial Pool Badge, or Summer Camp Badge. The Seasonal Badge is not valid for the summer camp requirement. We will continue to accept registrations for each camp session until it is full. Once a session is full, we will begin a waitlist. No payment is required to be waitlisted. As space becomes available, those waitlisted will be contacted. If you chose to register for camp, forms and payment will be necessary at that time. Mastercard, Visa, American Express cards, and checks are accepted.

*Camp Docs

Health forms for your child are now even easier to complete! In our continuous efforts to provide the best possible care for our campers, Weston Recreation is once again partnering with CampDocs.com. CampDoc.com is an electronic health record system for camps and will help us consolidate and integrate camper health information into a centralized and secure location. Their system will give Weston Recreation staff instant access to camper health information, a key component to providing quality care. All required health forms will be completed through CampDoc.com, within 5 - 7 days of registering your child(ren), you will receive an email from CampDoc.com providing you with your account log in information. If you have questions, please email them to smith.l@westonmass.org.

2018 Summer Camps

Weston Recreation Department prides itself on providing quality summer programs for children of all ages. We offer cost effective programming in conjunction with maintaining a safe, structured environment for playing, learning and creating. Our experienced summer staff comes from a wide variety of backgrounds including recreation, education, social work, child development, or a related field. The staff consists of college graduates and college and high school students from Weston and surrounding towns. Arts & crafts, cooperative leadership activities, drama, music, swimming, sports and much more will be part of each camper's summer fun!

Cancellation Policy

To be eligible for a refund of camp fees, the Recreation Office must be notified of camp withdrawals **one week** before the start date of the camp session. **A\$50 administrative fee will be charged per week, per child for all withdrawals and \$25 for all transfers once you have registered. No refunds will be issued for cancellations made without one week notice.**



Summer Camps

Camp ABC

ABC campers will enjoy a fun-filled summer! They will be placed in age-appropriate groups led by experienced staff. Counselors will be sensitive to the growth and developmental needs of each camper. The camp will encourage making new friends, while developing cognitive skills, fine and gross motor skills, communication skills and developing an awareness of one's surroundings. Each camp day will consist of four activity periods: free swim, sports, arts and crafts and camper's choice, with time reserved for snack. *Recreation Badge required.*

Ages 4 - 5 as of Jul 2, 2018

Monday - Friday, 8:30am - 12:00pm at Country School

Week 1: \$210

Weeks 2, 3, 4, 5, or 6: \$240

Camper to Counselor Ratio - 5:1

Extended Day Program for Camp ABC Attendees*

Mondays, Tuesdays, Wednesdays, Thursdays.
12:00pm - 2:30pm

Fee: \$25 per day

NO EXTENDED DAY ON FRIDAYS

*Please send your camper with a lunch for extended days. Sign up for one or all four days.

Camp Adventure

Join us at Adventure Camp for some fun in the sun (or even rain!) with various activities that include sports, games, certified swim lessons, crafts, one field trip per week and much more. Each week will be a different theme and include science, gymnastics, chess and a special themed event on Friday!! *Recreation Badge required.*

Entering Grades 1 - 4 in the fall of 2018

Monday - Friday, 8:30am - 4:00pm at Woodland School

Week 1: \$240

Weeks 2, 3, 4, 5, or 6: \$280

Camper to Counselor Ratio-10:1

Sports, Sports, and More Sports

This is a camp for your child if they love sports and sports related activities. Your child could participate in soccer, basketball, flag football, even some wacky non-traditional games and much more. Included every week are daily swim lessons and a field trip that will have a sports related theme.

Recreation Badge required

Entering Grades 1 - 5 in the fall of 2018

Monday - Friday, 8:30am-4:00pm at Woodland School

Week 1: \$240

Weeks 2, 3, 4, 5, or 6: \$280

Camper to Counselor Ratio - 10:1

Outer Limits

Sign up now and don't miss out on this great opportunity to hang out with your friends and make new friends while creating lasting summer memories! Outer Limits offers a wide variety of activities each week with possible field trip destinations of Six Flags NE, Water Country, paintball, laser tag, and white water rafting. Each week will include a day at the beach and all field trips are included in the cost of the program. More detailed information will be available in February.

Recreation Badge required.

Entering Grades 5 - 7 in the fall of 2018

Monday - Friday, 8:30am - 4:00pm at Woodland School

Week 1: \$305

Weeks 2, 3, 4, 5, or 6: \$355

Camper to Counselor Ratio - 10:1

Bonus Field Trip Week, Aug 13-17

Don't let camp end! Continue with one more week of camp favorite field trips and more Memorial Pool free swim! This week will consist of one day on-site with scheduled activities and FOUR field trips to amazingly fun places with your favorite camp counselors. Look for the calendars in February for more details! This bonus week is dependant on you! If we do not have enough registrations by July 25, we will have to cancel. Don't wait...sign up early!!!

Recreation Badge required.

Sec. A: Grades 1 - 4 in the fall of 2018. Max of 40

Sec. B: Grades 5 - 9 in the fall of 2018, Max of 40

Fee: \$355

Camper to Counselor Ratio - 10:1

Summer Camps & Preschool Programs

KWEST (Quest) Summer Tour

KWEST meets the unique interests and needs of our teens with a calendar of exciting day trips and activities specifically geared to engage this age group. This program consists of day trips to a wide range of destinations including amusement and water parks, beaches, sporting events, and more. All counselors will be college age or older.

Recreation Badge required

Entering Grades 8 & 9 in the fall of 2018
Monday - Friday, 8:30am-4pm at Woodland School

Week 1: \$305

Weeks 2, 3, 4, 5, or 6: \$355

Camper to Counselor Ratio - 10:1

CIT's-Counselors in Training

The CIT program is designed for teenagers ages 14 & 15, as a work oriented experience. It gives participants the opportunity to learn and understand the demands and responsibilities of a counselors job. Applications can be found online @ www.weston.org under "camp forms" or picked up in the Recreation Dept. office beginning on Monday, Jan. 22. All positions are filled on a first come-first served basis. Full payment is due with application along with one written reference. Please indicate on the application which two weeks you are able to CIT.
Limited to 8 CITs per camp, per week

Ages 14 & 15 by Jul 2, 2018

Sec. A: Camp ABC, 8:15am-12:15pm, at Country School

Fee: \$75/week

Sec. B: Camp Adventure, 8:15am-4:15pm, at Woodland School

Fee: \$85/week

Preschool Programs

Art Kids!

#38100

Instructor: Beth Meditz

Come to an exciting and relaxed atmosphere to let creativity flow! Learning skills are enhanced while each child engages in unique "hands-on" and "hands-in" creative activities! Artists will create individual masterpieces. They will explore a wide array of inspiring materials. The fun factor is built into each project! Find out more about Beth Meditz, M.Ed at www.event-full.net.

Limited to 10 participants

8, 1 hour sessions

Ages 3 - 5

Sec. A: Tuesdays, 1:00pm-2:00pm, Jan 9 - Mar 6
(Cancelled Feb 20)

Sec. B: Thursdays, 1:00pm-2:00pm Jan 11 - Mar 8
(Cancelled Feb 22)

Sec. C: Fridays, 1:00pm-2:00pm, Jan 12 - Mar 9
(Cancelled Feb 23)

Fee: \$150 w/badge, \$170 w/o badge

Budding Artist and a Buddy

#38101

Instructor: Beth Meditz

Your child and buddy will both enjoy creative fun together! Perceptual and social skills are enhanced while each child engages in unique "hands-on" and "hands-in" experiences! Budding Artists will create individual masterpieces that expand thinking and learning skills. They will explore a wide array of inspiring materials. Bring a take-it-home bag! Find out more about Beth at www.event-full.net.

Limited to 10 couples

Ages 1.5 - 4 years w/adult

8, 45 minute sessions

Sec. A: Mondays, 10:30am - 11:15am, Jan 8 - Mar 12
(Cancelled Jan 15 & Feb 19)

Sec. B: Mondays, 1:00pm - 2:00pm, Jan 8 - Mar 12
(Cancelled Jan 15 & Feb 19)

Sec. C: Wednesdays, 10:30am-11:15am, Jan 10 - Mar 7
(Cancelled Feb 21)

Sec. D: Fridays, 9:30am - 10:15am, Jan 12 - Mar 9
(Cancelled Feb 23)

Fee: \$140 w/badge, \$160 w/o badge



register online @ www.weston.org

Preschool Programs

Bitty Bakers & a Buddy

#38102

Instructor: Diane Benson

This class will bring adults and kids together once-a-week to experiment in the kitchen. Little ones learn important cooking skills such as measuring, learning how to be safe in the kitchen, how to make delicious snacks, and much more. Some recipes may include: pizza, cookies, muffins, and more. Best of all, your children will get the chance to build the confidence and skills they'll need to cook at home with you and your family. Eggs will be used in this class. Please note on the registration form if your child has any food allergies.

Limited to 5 couples

8, 1 hour sessions

Sec. A: Ages 2.5 - 4.5 years w/adult

Mondays, 1:00pm - 2:00pm

Jan 8 - Mar 12 (Cancelled Jan 15 & Feb 19)

Fee: \$215w/badge, \$235 w/o badge

Jumpin' Gym with Joni

#38104

Instructor: Joni Lebov

A fun class to interact with other children. Includes tumbling, taking a walk on a balance beam and playing with a parachute. Children will sing, count and most of all have lots of fun!

Limited to 10 couples

8, 45 minute sessions

Sec. A: Ages 18 months-3 years w/adult

Tuesdays, 10:30am-11:15am, Jan 9 - Mar 6

(Cancelled Feb 20)

Fee: \$140 w/badge, \$160 w/o badge

Happy Tappers

#38103

Instructor: Carol Landry

If your child has never tapped before or they'd like to tap some more, please join the fun. Learn beginning tap techniques as we warm up at the barre, learn basic body movements to children's favorites and some flaps, shuffles, and ball changes. At our last class family and friends may enjoy watching our happy feet. Please have tappers wear tap shoes to the first class. Payless Shoe Stores have the lowest prices.

Limited to 8 participants

8, 45 minute sessions

Sec. A: Ages 3 - 5 years

Tuesdays, 3pm - 3:45pm, Jan 9 - Mar 6

(Cancelled Feb 20)

Fee: \$110 w/badge, \$130 w/o badge

Little Bakers

#38105

Instructor: Diane Benson

Kids in this class will learn the basic steps to baking! With fun-to-make recipes from pizza to tasty treats, kids will satisfy their taste buds while learning math skills, science, and teamwork! In addition to being fun, fixing your own food can help develop self-esteem and can turn fussy eaters on to new foods! Eggs will be used in this class. Please note on the registration form if your child has any food allergies.

Limited to 6 participants

8, 1 hour sessions

Sec. A: Ages 3.5 - 5 years

Thursdays, 1:00pm-2:00pm

Jan 11 - Mar 8 (Cancelled Feb 22)

Fee: \$215 w/badge, \$235 w/o badge

Preschool Programs

Little Athletes

#38106

Instructor: Be Ahead of the Game, LLC

Children will have tons of fun all while learning new games and sports. These co-ed classes will introduce the children to multiple sports and games all while focusing on having fun, learning the basics and developing your child's confidence. The children will practice proper techniques through drills, small sided games and scrimmages. Creative movement exercises, parachute games, balls, hula hoops and music will all be used throughout the session. All games and drills will be age appropriate and are sure to improve skills. This is a great opportunity to have fun and learn, all while in a "no pressure" and non-competitive environment. Please send your child with comfortable clothes and sneakers.

Limited to 16 participants

8, 45 minute sessions

Sec. A: Ages 3.5 - 5 years

Mondays, 1:00pm-1:45pm, Jan 8 - Mar 12

(Cancelled Jan 15 & Feb 19)

Fee: \$160 w/badge, \$180 w/o badge

Pre-K Karate

#38108

Instructors: Rocky & Wendy DiRico

Taught by world-renowned martial arts educator, Professor Rocky DiRico. With over 40 years of experience, Mr. DiRico is well known for his childrens' programs, in which he utilizes a positive approach to help students improve their self-confidence and always try their best. Being respectful and a good listener are two philosophies that children will learn to help them be successful. In this class, children will learn how to deal with social situations, such as bullying and strangers. They will learn how to resolve conflicts in a peaceful manner. Also, students will learn the importance of physical exercise and stretching, which is a regular part of the training. Mr. DiRico makes the classes fun, while stressing the importance of being serious and always trying your best.

Limited to 25 participants

8, 45 minute sessions

Sec. A: Ages 3 - 5 years

Tuesdays, 1pm-1:45pm, Jan 9 - Mar 6

(Cancelled Feb 20)

Fee: \$160 w/badge, \$180 w/o badge

Music Together

#38107

Instructor: Kirsten Johnson

Discover the joy of family music making! Music Together, LLC is a national early childhood music program based in Princeton, NJ. Mixed-age classes are for children 6 months to 4 years of age w/adult. Through singing, fingerplay, creative movement and instrument play, the class will build on a child's natural enthusiasm for music and movement. A research-based curriculum allows children to participate at their own level with no pressure to perform. Parents and caregivers regardless of musical ability, create a stimulating environment for musical development through their participation and enjoyment of the music. Fee includes weekly classes (including makeups for missed classes) and a set of materials (two CDs and a songbook). Every new family also receives a DVD with information about the program and early childhood musical development.

Limited to 12 couples

8, 45 minute sessions

Ages 6 months - 4 yrs w/adult

Sec. A: Mondays, 9:30am - 10:15am, Jan 8 - Mar 12

(Cancelled Jan 15 & Feb 19)

Sec. B: Mondays, 10:30am - 11:15am, Jan 8 - Mar 12

(Cancelled Jan 15 & Feb 19)

Sec. C: Tuesdays, 9:30am - 10:15am, Jan 9 - Mar 6

(Cancelled Feb 20)

Sec. D: Tuesdays, 10:30am - 11:15am, Jan 9 - Mar 6

(Cancelled Feb 20)

Fee 1st Child : \$200 w/badge, \$220 w/o badge

Fee *2nd Child: \$120 w/badge, \$140 w/o badge
*9 months & up

Fee for 9 months & under: Free

Annual Egg Hunt

Hippity-hop to the Town Green and don't forget to bring your basket or bag for carrying eggs! There will be separate sections for different age groups and of course, there will be a special visit from the Spring Bunny. In case of inclement weather, meet the Bunny in front of Town Hall. No registration or fee required.

Saturday, March 31, 9am Sharp! on the Town Green.

Special thanks to Hammond Residential, RealLiving Real Estate, Weston Office, for sponsoring the spring egg hunt.



register online @ www.weston.org

Preschool Programs

Puddlestompers Nature Exploration

#38109

Instructor: Puddlestompers

Winter is a magical time to explore nature! This class is designed to allow children to explore and learn about the natural world from inside, with outdoor exploration as temperatures permit. Learn about how animals survive the winter and why evergreens keep their leaves. Look for animal tracks and other signs of animal activity. Search the skies for winter birds and listen for their songs. Observe changes in light through shadows and rainbows. In each class, we will focus on a specific theme using hands-on activities, crafts, games, and creative movement. Each class will end with a snack and story. Come enjoy the beauty of winter with your energetic child at the Weston Community Center.

Limited to 9 child w/adult couples

6, 55 minute sessions

Sec. A: Ages 2.5 - 5 years w/adult
Thursdays, 9:30am-10:25am, Feb 8 - Mar 22
(Cancelled Feb 22)

Fee: \$180 w/badge, \$200 w/o badge

Twinkle Toes Ballet

#38111

Instructor: Joni Lebov

A fun introduction to ballet! Ballerinas will learn basic ballet positions, skipping, galloping, balancing and more! Set to ballet music and French terminology. Wear any dance attire or dress up with a tutu or ballet skirt!

Limited to 10 participants

8, 45 minute sessions

Sec. A: Ages 2.5-4.5 years
Thursdays, 10:30am-11:15am, Jan 11 - Mar 8
(Cancelled Feb 22)

Fee: \$140 w/badge, \$160 w/o badge

Tumble Kids

#38110

Instructor: Dotty Martin

Learn about the body in motion in a fun, exciting and adventurous way. Try out this great gym class with a twist. Discover different ways to move through yoga, stretching, and gymnastics. Learn to swing and roll over the high bar. Jump from the top of the highest mountain. Learn about activating different muscles you never knew you had. Come join us for a great workout.

Limited to 10 participants

8, 45 minute sessions

Sec. A: Ages 3-5 years
Wednesdays, 1:45pm - 2:30pm
Jan 10 - Mar 7 (Cancelled Feb 21)

Fee: \$170 w/badge, \$190 w/o badge

WCCA Friday A.M. Drop-In

for infants, toddlers, and siblings

Make new friends in the community while your little ones burn off some energy! Join us at the Community Center with your infant, toddler or preschooler for a weekly morning of indoor fun. We provide ride-on toys, slides, soft mats, bagels, and coffee. Please note: Drop-in is limited to Weston residents and WCCA members only. Cancelled on holidays and Weston public school closings (including inclement weather closings). Questions, please contact Taylor McIntire (taylor.mcintire@me.com) or Kristin Jones (kristinlyonjones@gmail.com). To join the WCCA go to www.wccakids.org.

Fridays, 10:15am-11:45am

WCCA Dad's Saturday Morning Drop-In

for infants, toddlers & siblings

The dad's group and their activities are a way to make sure you make new friends in the community and have fun. It's also a great opportunity for dad to score points at home, meet other dads, and have a good time with their kids. Most kids participating are 18 months - 6 years. Please note: Drop-in is limited to Weston residents or WCCA members only. FMI: www.westondads.org. Meets 1st and 3rd Saturday of each month

9:30am-11:30am

at the Weston Community Center

Youth Programs

Transportation

is provided from the child's school (Woodland and Country Schools) to the Community Center for all youth programs, except where noted. Children will need transportation home when class is ended. **NO TRANSPORTATION ON FRIDAYS** or for Workshops, Clinics, and One Day Programs.

Field School Students

We do not provide a supervised pick-up at Field School. Please send your child to school with a note authorizing them to walk over to the Community Center on their own.

Recreation Notes

You must send a note to your child's homeroom teacher on each day that your child **will or will not** be attending any recreation program. The note should state the following:

*Child's name

*Date

*Name of activity

This is imperative so that your child's teacher and the Recreation Department know where your child should be at the end of the day! If your child will not be attending an afterschool program for any reason, including absence from school, please call the Recreation Office that morning at 781-786-6260.

Blue, pre-printed notes will be available in the Recreation Office for your convenience.

School Cancellations Due to Inclement Weather

If Weston Public Schools are cancelled due to inclement weather, Weston Recreation preschool and youth programs will also be cancelled. **Schools Cancel After-School Activities:** Recreation programs will be cancelled and children will be sent home from school on their regular bus. **Delayed School Openings:** If school is delayed we will hold preschool and youth afterschool programs as usual.

Early Dismissal Days

There WILL BE recreation classes on school early dismissal days.

Kindergarten Dismissal: There will be transportation provided at 12:00pm dismissal ONLY. Transportation **will not** be provided for 11:30 dismissals. Days that we do not provide transportation, children should arrive at their program's start time. We **do not** provide a supervised lunch.

All Grades: Parents/guardian need to provide their own transportation for their children to afterschool programs at 12:45pm and 2:45pm.

Attendance Procedures

If your child is not present at their afterschool program and we have not been notified that he/she will be absent, the following procedure will be put into effect.

1. Absentee list from school is double-checked.
2. We call daytime phone and then home. If there's no answer, we call parent's work number.
3. Emergency contact is called.



Youth Programs

Monday

Awesome Art	Grades K-3	Page 12
Chess for Kids	Grades K-5	Page 12
Drama & Improv	Grades K-4	Page 13
Hip Hop Dance	Grades K-8	Page 14
Make It, Bake It, & Take It	Grades K-3	Page 15
Maple Sugaring w/Land's Sake	Grades 6-8	Page 15
Nashoba Valley Ski/Snowboard	Grades 4-5	Page 16
Private Piano Instruction	Ages 6-10	Page 17
Super Sports	Grades K-5	Page 17
Wrestling	Grades K-8	Page 17

Tuesday

3D Modeling & Printing	Grades 1-8	Page 15
Awesome Art	Grades K-3	Page 12
Intermediate Chess	Grades 1-5	Page 13
Karate	Grades K-5	Page 14
Magic Mushroom Fairy House	Grades 2-5	Page 16
Make It, Bake It, & Take It	Grades K-3	Page 15
Minecraft Electrical Engineering, Architecture & Modding	Grades 1-8	Page 16
The Latin & Greek Roots Challenge	Grades 2-4	Page 17

Wednesday

Awesome Art	Grades K-3	Page 12
Fun Kindergarten Gymnastics	Kindergarten	Page 13
Girls STEAM Squad	Grades 1-5	Page 14
Gymnastics	Grades 1-4	Page 13
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Cancelled Activities?

Too often quality activities are cancelled because too many people wait until the last minute to register. Almost every program has a minimum number of enrollees needed to cover the expenses or to make it enjoyable. If you see an activity you're interested in, please don't hesitate to register.

Youth Programs

Air Dry Clay & Building Techniques

#38200

Instructor: Ramune Jauniskis

Kids will use their imagination while learning hand building techniques using air dry clay. Projects will be painted with permanent paints.

Limited to 8 participants

8, 1 hour sessions

Sec. A: Grades 2 - 5

Thursdays, 2:45pm - 3:45pm, Jan 11 - Mar 8
(Cancelled Feb 22)

Fee: \$190 w/badge, \$210 w/o badge

Business Sharks

#38202

Instructor: Right Brain Curriculum

In our Business Sharks class, students play the role of young entrepreneurs as they start with the germ of an idea for a product and business and take it through the entire entrepreneurial process. Our students develop prototypes, formulate a business plan and devise a marketing strategy. Meanwhile, students learn through contextual lessons on concepts such as wages, profits, and branding, while designing print ads, acting out “tv commercials”, researching real estate locations and designing their storefronts. The class concludes with our young executives pitching their ideas to a “Shark Tank” of parents. These young entrepreneurs will really be taking care of business! **No transportation for Sec. B.**

Limited to 15 participants

6, 90 minute sessions

Sec. A: Grades 2 - 5

Thursdays, 2:45pm - 4:15pm, Jan 11 - Feb 15

Sec. B: Grades 6 - 8

Thursdays, 4:30pm - 6:00pm, Jan 11 - Feb 15

Fee: \$135 w/badge, \$155 w/o badge

Awesome Art

#38201

Instructor: Beth Meditz

Get “unplugged” with “hands on” and “hands in” ART activities! Sometimes messy, sometimes not, but always fun and creative!

At each class, artists will be presented with a starter base and develop their own vision of their creations by choosing from a wide array of inspiring and unusual materials. Abstract and realistic works are created. Find out more about Beth Meditz, M.Ed at www.event-full.net.

Limited to 12 participants

8, 1 hour sessions

Grades K - 3

Sec. A: Mondays, 2:45pm-3:45pm, Jan 8 - Mar 12
(Cancelled Jan 15 & Feb 19)

Sec. B: Tuesdays, 2:45pm-3:45pm, Jan 9 - Mar 6
(Cancelled Feb 20)

Sec. C: Wednesday, 12:45pm -1:45pm, w/supervised lunch
Jan 10 - Mar 7 (Cancelled Feb 21)

Fee: \$150 w/badge, \$170 w/o badge

Chess for Kids

#38203

Instructor: James Della Selva

Chess is a game that can be approached as a sport, science, and art form. Class will consist of instruction and play. Students will study master instructive games and techniques that are designed to improve their game. All students will receive a chess trophy or medal upon completion of the program. Research has demonstrated that playing chess improves concentration and critical thinking.

Limited to 14 participants

8, 1 hour sessions

Sec. A: Grades K - 5

Mondays, 2:45pm - 3:45pm, Jan 8 - Mar 12
(Cancelled Jan 15 & Feb 19)

Fee: \$145 w/badge, \$165 w/o badge

Youth Programs

Drama & Improv Skills Development

#38205

Instructor: Drama Kids of Metro West Staff

Continue development of skills to enhance presentation skills. We will begin to focus more on the skills for our spring presentation.

Limited to 16 participants

8, 1 hour sessions

Sec. A: Grades K - 4

Mondays, 2:45pm - 3:45pm

Jan 8 - Mar 12 (Cancelled Jan 15 & Feb 19)

Fee: \$175 w/badge, \$195 w/o badge

Fun Kindergarten Gymnastics

#38206

Instructor: Dotty Martin

Hey kids...do you like to walk on your hands? How about swinging from the high bar like the monkeys do? Or we could always test our balance and try walking backwards on the balance beam. Let's not forget cartwheels and back hand springs. We will do it all and have lots of fun learning together. All levels welcome!

Limited to 10 participants

8, 1 hour sessions

Sec. A: Kindergarten

Wednesdays, 12:45pm - 1:45pm w/supervised lunch

Jan 10 - Mar 7 (Cancelled Feb 21)

Fee: \$170 w/badge, \$190 w/o badge

Intermediate Chess

#38204

Instructor: James Della Selva

Chess is a game that can be approached as a sport, science and art form. Students will study master games and techniques that are designed to raise their level of play to a higher level. Players will also have the option and opportunity to play in tournaments and team chess events with traditional and beautiful chess sets. All students will receive a chess trophy. Participation in a tournament is strictly optional and not required. Research has demonstrated that playing chess improves concentration and critical thinking.

Limited to 14 participants

8, 1 hour sessions

Sec. A: Grades 1- 5

Tuesdays, 2:45pm - 3:45pm, Jan 9 - Mar 6
(Cancelled Feb 20)

Fee: \$145 w/badge, \$165 w/o badge

Gymnastics

#38207

Instructor: Dotty Martin

Everybody loves to be upside down, to learn new tricks, and this gymnastics program! Dotty wants to show you how to have some fun learning everything from handstands to back flips. Some balance beam, uneven bars and vaulting will be thrown into the fun mix. All levels welcome!

Limited to 10 participants

8, 1 hour sessions

Sec. A: Grades 1- 4

Wednesdays, 2:45pm - 3:45pm

Jan 10 - Mar 7 (Cancelled Feb 21)

Fee: \$170 w/badge, \$190 w/o badge

Youth Programs

Girls STEAM Squad

#38208

Instructor: *Wicked Cool for Kids*

Join the STEM to STEAM movement! Engineer and design awesome projects while learning science and math concepts. Construct a kinetic motion-based marble painting, colorful kaleidoscopes, and terrific tessellations. Experiment with air pressure as we dive deep with cartesian divers and make a mini nightlight to light up your space.

Limited to 14 participants

6, 1 hour sessions

Sec. A: Grades 1 - 5

Wednesdays, 2:45pm - 3:45pm

Jan 24- Mar 7 (Cancelled Feb 21)

Fee: \$125 w/badge, \$145 w/o badge

Hip Hop Dance Class

#38209

Instructor: *Aly Pereira*

Come join in on the fun of learning the latest dance moves to the most popular music out right now! Students will learn various dances to popular songs. The class incorporates choreography and different forms of freestyle movement. At the end of the 8-week session, the children will have a short performance of their hard work.

Limited to 20 participants

7, 1 hour sessions

Sec. A: Grades K-8

Mondays, 2:45pm - 3:45pm, Jan 8 - Mar 12

(Cancelled Jan 15, Feb 12 & Feb 19)

Fee: \$90 w/badge, \$110 w/o badge

Hip Stitch: Be Your Own Fashion Designer

#38210

Instructor: *Kate Ploussios & Nicola Day*

Do you love Project Runway? Do you love designing & picking your own outfits? Come and learn how to bring your ideas to life! Learn how to make a design board, sketch, and sew. Each student will get to make several pieces of clothing to display in the final class Fashion Show.

Limited to 12 participants

8, 90 minute sessions

Sec. A: Grades 2 - 5

Wednesdays, 2:45pm - 4:15pm

Jan 10 - Mar 7 (Cancelled Feb 21)

Fee: \$300 w/badge, \$320 w/o badge

Karate, Beginner & Intermediate

#38211

Instructors: *Rocky & Wendy DiRico*

Taught by world-renowned martial arts educator, Professor Rocky DiRico. With over 40 years of experience, Mr. DiRico is well-known for his childrens' programs, in which he utilizes a positive approach to help students improve their self-confidence and always try their best. Being respectful and a good listener are two philosophies that children will learn to help them be successful. In this class, children will learn how to deal with social situations, such as bullying and strangers. They will learn how to resolve conflicts in a peaceful manner. Also, students will learn the importance of physical exercise and stretching, which is a regular part of the training. Students at all levels will learn basic karate skills, forms (kata), non-contact sparring and self-defense. As students progress, focus will be made on fine-tuning their skills, and learning more advanced techniques. Mr. DiRico makes the classes fun, while stressing the importance of being serious and always trying your best.

Limited to 35 participants

8, 1 hour sessions

Grades K-5

Sec. A: Tuesdays, 2:45pm - 3:45pm

Jan 9 - Mar 6 (Cancelled Feb 20)

Sec. B: Thursdays, 2:45pm - 3:45pm

Jan 11 - Mar 8 (Cancelled Feb 22)

Fee: \$170 w/badge, \$190 w/o badge



Youth Programs

LEGO Engineering Junior

#38212

Instructor: Wicked Cool for Kids

This six-week program is designed specially for kids in kindergarten. The activities promote teamwork and critical thinking skills as kids investigate basic engineering concepts using DUPLOs. Build a see-saw, vehicle, spinning top, and other fun working mechanisms. Perfect for the young builder with small hands.

Limited to 14 participants

6, 1 hour sessions

Sec. A: Kindergarten

Wednesdays, 12:45pm - 1:45pm, w/supervised lunch

Jan 24- Mar 7 (Cancelled Feb 21)

Fee: \$125 w/badge, \$145 w/o badge

Make It, Bake It, & Take It

#38213

Instructor: Diane Benson

Using cooperation, math skills and following simple directions, “young bakers” will create their own special tasty treats. Join this class and experience the delicious reward for exploring the creative possibilities of baking! In addition to being fun, fixing your own food can help develop self-esteem and can turn fussy eaters on to new foods. **If you have taken a class with Diane before...don't worry...recipes are NEVER repeated!!!** Eggs will be used in this class. Some possible baking activities may include: pizza, cookies, muffins, and pasta! Please note on the registration form if your child has any food allergies.

Limited to 9 participants

8, 1 hour 15 minute sessions

Sec. C: Kindergarten only

Sec. A, B, D, E: Grades K-3

Sec. A: Mondays, 2:45pm - 4:15pm

Jan 8 - Mar 12 (Cancelled Jan 15 & Feb 19)

Sec. B: Tuesdays, 2:45pm - 4:15pm

Jan 9 - Mar 6 (Cancelled Feb 20)

Sec. C: Wednesdays, 12:45pm - 2:15pm, Kindergarten ONLY

Jan 10 - Mar 7 (Cancelled Feb 21)

Sec. D: Wednesdays, 2:45pm - 4:15pm

Jan 10 - Mar 7 (Cancelled Feb 21)

Sec. E: Thursdays, 2:45pm-4:15pm

Jan 11 - Mar 8 (Cancelled Feb 22)

Fee: \$200 w/badge, \$220 w/o badge

Maple Sugaring w/Land's Sake

#38220

Instructor: Land's Sake Educators

Held at the Bill McElwain Sugar House at Weston Middle School, this program actively engages youth in all phases of maple sugar production. Students help identify and tap maple trees, gather sap, boil, and bottle syrup. We explore the rich heritage of sugaring in New England from past to present, and investigate the science behind the sugaring process. Register for one or both sessions. The season ends with the popular Land's Sake Sugaring Off Festival, where the students lead tours of the Sugar House using the knowledge acquired throughout the maple season. **No transportation provided.**

Limited to 14 participants

8, 2 hour sessions at Weston Middle School

Grades 6, 7, & 8

Sec. A: Mondays, 3:00pm - 5:00pm, Jan 22 - Mar 19
(Cancelled Feb 19)

Sec. B: Thursdays, 3:00pm - 5:00pm, Jan 25 - Mar 22
(Cancelled Feb 22)

Fee: \$220 w/badge, \$240 w/o badge

3D Modeling & Printing

#38214

Instructor: Empow Studios

You might have seen a 3D printer, but have you ever created your own 3D model? In this class, students develop their spatial and artistic abilities while using modern tools to create printer-ready 3D models. Kids learn modeling by starting with a base mesh, and finish with a fully realized sculpture. An Empow Studios instructor then prints 3D models at our home studio in Lexington, and brings the models back to the kids before the session is complete. Learn more about Empow Studios at <http://empow.me>.

Limited to 12 participants

8, 1 hour sessions

Sec. A: Grades 1 - 8

Tuesdays, 2:45pm-3:45pm

Jan 9 - Mar 6 (Cancelled Feb 20)

Fee: \$180 w/badge, \$200 w/o badge

Youth Programs

Magic Mushrooms Fairy House

#38215

Instructor: Ramune Jauniskis

In this class kids will use their imagination to create a mushroom house that can be used by a fairy or a gnome. Houses will be constructed from a wide variety of materials including duct tape, fabric, model magic, wire, beads, glue, and lights. Please note that we may be using permanent paints. For more info on Ramune view my blog: addictedtomermaids.blogspot.com.

Limited to 10 participants

8, 1 hour sessions

Sec. A: Grades 2 - 5
Tuesdays, 2:45pm - 3:45pm, Jan 9 - Mar 6
(Cancelled Feb 20)

Fee: \$165 w/badge, \$185 w/o badge

Minecraft: Electrical Engineering, Architecture, and Modding

#38217

Instructor: Empow Learning

Grab a pickaxe and join your fellow Minecrafters for a class in design challenges. Empow Studios instructors teach the fundamentals of electrical engineering using Redstone, a special kind of element that mimics electricity almost perfectly. As they master their Redstone skills, we teach key concepts in programming, architecture, and pixel art, all while using teamwork and social skills. It's the perfect blend of fun, learning, and creativity. All students must play in "Creative Mode", and must follow our rules of respect. Find out more about Empow Studios at <http://empow.me>. **No transportation provided.**

Limited to 12 participants

8, 1 hour sessions

Sec. A: Grades 1 - 8
Tuesdays, 4:00pm - 5:00pm
Jan 9-Mar 6 (Cancelled Feb 20)

Fee: \$180 w/badge, \$200 w/o badge

Math & Engineering

#38216

Instructor: Pat Seksaria

Through explorations, discoveries, and inventions, students will further their curiosity and learning through fun, interactive, and memorable projects. They will learn tools for understanding our world. Topics will include mechanical systems, applied mathematics, and robotics.

Limited to 20 participants

8, 1 hour & 15 minute sessions

Sec. A: Grades K - 3
Thursdays, 2:45pm - 4:00pm, Jan 11 - Mar 8
(Cancelled Feb 22)

Fee: \$165 w/badge, \$185 w/o badge

Nashoba Valley Skiing/Snowboarding

#28217

Have fun learning to ski or snowboard and swish down the slopes. Children will take the bus to Nashoba Valley where they will have a lesson and free time for skiing and snowboarding. The bus will arrive in front of the Community Center at 7:30pm for pick up. See you on the slopes! ***Please see rental information below.**

Limited to 40 participants

5, 5 hour sessions

Grades 4 & 5
Nashoba Valley Ski Area, Westford
Mondays, 2:30pm - 7:30pm
Jan 8, 22, 29, Feb 5, & 12 (Cancelled Jan 15)

Sec. A: Lift Ticket & Lessons

Sec. B: Lift Ticket ONLY

Sec. A Fee: \$285 without rentals

Sec. B Fee: \$240 without rentals

Rental Information

Rental fittings will be held on Tuesday, Dec 5 from 6:30pm - 7:30pm here at the Community Center. Fee for ski/snow board rental is \$100, which is payable at the time of fitting. Helmets are available for rental at \$45/season.



Youth Programs

The Latin & Greek Roots Challenge™

#38218

Instructor: Maureen Riley

Looking for a FUN and educational class for your children? Want to strengthen and develop their vocabulary? Thinking ahead to the SATs? Learning Latin and Greek roots teaches students to “look within a word to find its meaning”™. Latin and Greek roots are the foundation of over sixty-percent of the English language! Parents are welcome to observe a class or two. **No transportation for Sec. B.**

Limited to 15 participants

6, 1 hour sessions

Grades 2, 3, & 4

Tuesdays, Jan 9 - Feb 13

Sec. A: 2:45pm - 3:45pm

Sec. B: 4:00pm - 5:00pm (no transportation)

Fee: \$145 w/badge, \$165 w/o badge

Private Piano Instruction

#38221

Instructor: Susan Cohen

Learn to read music and play solo pieces: popular tunes and classical favorites. Topics include note reading, phrasing, and rhythm. Each student is scheduled for 25 minutes (starting every half hour) Visit <https://SBCpiano.com> to learn more about the instructor, or for questions. Feel free to contact the instructor if other times are needed (notes@sbcpiano.com) **No transportation provided.**

Ages 6 - 10

5, 25 minute lessons

All classes meet on Mondays

Jan 8 - Feb 12 (Cancelled Jan 15)

Sec. A: 2:30pm - 2:55pm

Sec. B: 3:00pm - 3:25pm

Sec. C: 3:30pm - 3:55pm

Sec. D: 4:00pm - 4:25pm

Feb 26 - Mar 26

Sec. E: 2:30pm - 2:55pm

Sec. F: 3:00pm - 3:25pm

Sec. G: 3:30pm - 3:55pm

Sec. H: 4:00pm - 4:25pm

Fee: \$225 w/badge, \$245 w/o badge

Super Sports

#38219

Instructor: Be Ahead of the Game, LLC

Super Sports will concentrate on introducing a variety of sports and the basic skills needed to play these sports. Cooperation and teamwork will be the focus, rather than the competition of the games. You will learn proper warm-up, games, and stretching before introducing new sports, their rules and tactics. A wide variety of sports and games will be covered all while having fun! Children should wear sneakers.

Limited to 16 participants

8, 1 hour sessions

Sec. A: Grades K - 5

Mondays, 2:45pm - 3:45pm

Jan 8 - Mar 12, (Cancelled Jan 15 & Feb 19)

Fee: \$160 w/badge, \$180 w/o badge

Wrestling for All Levels & Abilities

#38222

Instructor: Craig Powell

Wrestling provides a tremendous opportunity for kids to develop character traits of discipline, focus, confidence, and grit. It is an unparalleled sport in this regard. This program will focus on developing the wrestling abilities of each participant as well as their character, all the while having fun. Program held at Weston Middle School Wrestling Room (The Pit). **No transportation provided.**

Limited to 75 participants

90 minute sessions held at Weston Middle School

Sec. A: Grades K - 8

Mondays & Wednesdays, 6:00pm-7:30pm

Nov 27 - Mar 7 (Cancelled Dec 25, 27, Jan 1, 15, & Feb 19)

Fee: \$225 w/badge, \$245 w/o badge

Math & Engineering

#38223

Instructor: Pat Seksaria

To further enrich their knowledge, students will explore scientific concepts, solve challenging problems, and build models. They will learn the mysteries of science through interactive models, live demonstrations, and fun projects. Each class will include robotics, mechanics, and applied mathematics.

Limited to 20 participants

1, 2, or 3, 3 hour sessions

Grades 2 - 6

9:00am - 12:00pm

Sec. A: Wednesday, Dec 27, Green Machines

Sec. B: Thursday, Dec 28, Space Race

Sec. C: Friday, Dec 29, Future City

Fee: \$55 per day, w/badge, \$65 per day, w/o badge

Winter Chess Championship

#38224

Instructor: James Della Selva

The Weston Recreation Department proudly sponsors the first of many chess championships. Students will have the opportunity to play high level tournament chess while learning rules and strategies designed to raise their level of play. The championship will be divided into sections according to age and grade level. The tournament will be directed by James Della Sella, United States Chess Federation Expert. This is not USCF rated, but will be based on many, if not all of their rules. It's an opportunity for serious chess players with little or no tournament experience.

Limited to 20 participants

1, 4.5 hour session

Sec. A: Grades K - 10

Saturday, Feb 3, 10:00am - 2:30pm

Fee: \$85 w/badge, \$95 w/o badge

Refund Policy for One Day Programs & Workshops:

Cancellations must be made at least 7 days in advance to receive a refund. No refunds will be issued if the time requirement is not met.

American Girl Doll Create & Play

#38225

Instructors: Event-FULL, LLC, Diane Benson & Beth Meditz
Join the team from Event-FULL! (www.event-full.net) and bring your special friend (does not have to be an American Girl Doll- feel free to bring a favorite stuffed animal if you choose) to this workshop for several hours you will both enjoy! What you make and take home will lead to hours of continued play and enjoyment at home! Please send your child with a nut-free snack and drink. **No transportation provided.**

Limited to 12 participants

1, 3 hour session

Grades K - 4

Sec. A: Make a Pizzeria! - Sunday, Jan 7, 1pm-4pm

Sec. B: Valen-TINY Party - Sunday, Feb 4, 1pm-4pm

Sec. C: Bake Shop- Sunday, Mar 11, 1pm-4pm

Fee: \$55 w/badge per participant, per workshop
\$65 w/o badge per participant, per workshop

Science Mania! (NO SCHOOL DAY)

#38226

Instructor: Diane Benson

NO SCHOOL TODAY? Let's experiment and play! Register for one or BOTH! Different experiments will be introduced on each day. Join in on the fun and let's get messy and learn! All experiments will be taken home so kids can show their friends and family what COOL and CrAZy things they did! Please send your child with a lunch and drinks. **No transportation provided.**

Limited to 10 participants

1, 5 hour session

Grades K - 4

Sec. A: (MLK Jr. Day), Monday, Jan 15, 10:00am - 3:00pm

Sec. B: (Good Friday) Friday, March 30, 10:00am - 3:00pm

Fee: \$95 w/badge, \$115 w/o badge

Star Wars Jedi Training

#38227

Instructors: Event-FULL, LLC, Diane Benson & Beth Meditz

Are you a youngling who is interested in becoming a Jedi Knight in training? Join the team from Event-FULL! (www.event-full.net) and enjoy a number of different activities including making and taking home your own recycled droid, taking part in a lightsaber training session, and learning what it takes to be a Jedi Knight. Each child will also take home a framed photo of themselves taken with R2D2! May the FORCE be with you... Please send your child with a nut-free snack and drink. **No transportation provided.**

Limited to 15 participants

1, 3 hour session

Grades K - 4

Sec. A: Sunday, Feb 11, 1:00pm-4:00pm

Fee: \$55 w/badge, \$65 w/o badge

Fantasies, Fairies, Mermaids, and Gnomes

#38228

Instructor: Ramune Jauniskis

Kids will be using their imagination to create exciting projects while experimenting with a wide variety of materials. Projects may include fairy house, mermaid on a scallop shell, mushroom house. Please note that we may be using permanent paints. . For more info on Ramune, visit blog: addictedtomermaids.blogspot.com.

Limited to 12 participants

4, 3 hour sessions

Sec. A: Grades 2 - 5

Tue, Wed, Thu, & Fri, Feb 20 - Feb 23

1:00pm - 4:00pm

Fee: \$245 w/badge, \$265 w/o badge

Land's Sake Winter Discovery

#38229

Instructor: Land's Sake Educators

Explore the wonders of winter with Land's Sake! Participants will spend mornings at the farm tracking animals, playing winter games, creating winter crafts, and learning about the winter landscape. We will be able to warm up as needed in the Community Center, then head out again for more exploration. No matter the weather, it is sure to be a fun week of learning and play! Register for one or up to all four days to stay active and outdoors this February vacation.

Limited to 10 participants

1, 2, 3, or 4, 2.5 hour sessions

Grades K - 3

9:30am-12:00pm

Sec. A: Tuesday, Feb 20

Sec. B: Wednesday, Feb 21

Sec. C: Thursday, Feb 22

Sec. D: Friday, Feb 23

Fee: \$45 per day, w/badge

\$55 per day, w/o badge

Girls STEAM Club

#38230

Instructor: Diane Benson

Full STEAM ahead! Together we can learn in a fun and creative way! Join this class for 2 weeks of Girl POWER! Some experiments may get messy so be sure to wear your mess around clothes!

Limited to 10 participants

2, 2.5 hour sessions

Sec. A: Grades K - 4

Wednesdays, Mar 21 & Mar 28, 3:00pm - 5:30pm

Fee: \$95 w/badge, \$115 w/o badge

Youth Workshops

Cupcake Craze (cupcake decorating class)

#38231

Instructor: Diane Benson

Spend the afternoon decorating some delicious cupcakes for you, your friends, and your family! Using frosting, candies, and other fun treats you will learn how to decorate each cupcake in a fun and creative way - no two cupcakes will be the same! Please note on the registration form if your child has any food allergies. Some candies used in this class may be made in a factory that also uses nuts. Eggs will be used in the recipe. **No transportation provided.**
Limited to 14 participants

1, 2 hour session

Sec. A: Grades K - 4

Monday, March 26, 3:00pm - 5:00pm

Fee: \$50 w/badge, \$60 w/o badge

Star Wars Science

#38232

Instructor: Diane Benson

Is THE FORCE with YOU?! Spend the afternoon getting in touch with your inner Jedi and enjoy some Star Wars inspired science experiments! Kids will make Dark Side Galaxy Slime and more! **No transportation provided.**

Limited to 15 participants

1, 2 hour session

Sec. A: Grades K - 4

Tuesday, Mar 27, 3:00pm - 5:00pm

Fee: \$50 w/badge, \$60 w/o badge

Middle School & Teen

Maple Sugaring w/Land's Sake

#38233

Instructor: Land's Sake Educators

Held at the Bill McElwain Sugar House at Weston Middle School, this program actively engages youth in all phases of maple sugar production. Students help identify and tap maple trees, gather sap, boil, and bottle syrup. We explore the rich heritage of sugaring in New England from past to present, and investigate the science behind the sugaring process. Register for one or both sessions. The season ends with the popular Land's Sake Sugaring Off Festival, where the students lead tours of the Sugar House using the knowledge acquired throughout the maple season. **No transportation provided.**

Limited to 14 participants

8, 2 hour sessions at Weston Middle School

Grades 6, 7, & 8

Sec. A: Mondays, 3:00pm - 5:00pm, Jan 22 - Mar 19
(Cancelled Feb 19)

Sec. B: Thursdays, 3:00pm - 5:00pm, Jan 25 - Mar 22
(Cancelled Feb 22)

Fee: \$220 w/badge, \$240 w/o badge

Half Day of School Middle School Ski/Snowboarding Trip

#38234

The Weston Recreation Department will be offering half day of school ski/snowboarding trips to Nashoba Valley on the Wednesday half days of school in February and March. The Recreation bus will pick up students and chaperones at the Middle School at 1:00pm. The bus will return to Weston Middle School at approximately 6:30pm. Helmets are required for all participants. If you are bringing your own equipment, it may be brought to the middle school on the morning of the trip only, and stored in the back stairwell by the art room. If you are planning on renting skis/snowboard and a helmet for your child, please email Sharon Locke at locke.s@westonmass.org and she will send you a rental form that must be completed ahead of time by a parent or guardian. Please pack a nut-free lunch or bring money to purchase lunch at Nashoba. Pre registration is required.

A minimum of 15 participants are needed for the trip to run.

Wednesday, Feb 7, registration deadline Jan 19

Sec. A: Lift Ticket only Fee: \$50

Sec. B: Lift Ticket & Lesson Fee: \$80

Wednesday, Mar 7, registration deadline Feb 26

Sec. C: Lift Ticket only Fee: \$50

Sec. D: Lift Ticket & Lesson Fee: \$80



Business Sharks

#38202

Instructor: Right Brain Curriculum

In our Business Sharks class, students play the role of young entrepreneurs as they start with the germ of an idea for a product and business and take it through the entire entrepreneurial process. Our students develop prototypes, formulate a business plan and devise a marketing strategy. Meanwhile, students learn through contextual lessons on concepts such as wages, profits, and branding, while designing print ads, acting out “tv commercials”, researching real estate locations and designing their storefronts. The class concludes with our young executives pitching their ideas to a “Shark Tank” of parents. These young entrepreneurs will really be taking care of business! **No transportation provided.**

Limited to 15 participants

6, 90 minute sessions

Sec. B: Grades 6 - 8

Thursdays, 4:30pm - 6:00pm, Jan 11 - Feb 15

Fee: \$135 w/badge, \$155 w/o badge

Teen Job Book

There are a lot of people in Weston who need help with babysitting, computers, yard work, snow shoveling, and various other odd jobs. If you are 13 or older and like to work, this is a great opportunity to make some extra spending money. Just stop by the Weston Recreation Department Office in the Community Center and complete a Teen Job form for a job that you are interested in performing. We will keep your completed form in the Teen Job Book binder for those adults seeking help.

BLAST Babysitting Lessons and Safety Training

#38235

Instructor: Juanita Allen Kingsley

An American Academy of Pediatrics course that covers how to handle the basics of infant and childcare, how to react responsibly to medical emergencies and injuries, perform first aid for common childhood injuries and illnesses, and set up and run your own babysitting business. **No transportation provided.**

Limited to 12 participants

1, 3 hour session

Sec. A: Ages 11 - 13 years

Monday, Mar 12, 3pm- 6pm

Fee: \$50 w/badge, \$60 w/o badge

Home Alone Safety

#38236

Instructor: Juanita Allen Kingsley

Children will learn telephone and door answering techniques, internet safety, accident and fire protection and first aid techniques. The class includes a variety of teaching methods, including a video and role playing. **No transportation provided.**

Limited to 12 participants

1, 2 hour session

Sec. A: Ages 9 - 11 years

Monday, Mar 5, 3:00pm-5:00pm

Fee: \$45 w/badge, \$55 w/o badge

Saturday Open Swim

Come have fun splashing around! Bring your suit and towel; lockers are available, but you must bring your own lock and empty out your locker after each visit. Patrons must sign in with the lifeguard on duty before entering the pool.

Saturdays, 1:00pm - 4:00pm ending June 2

(Cancelled Dec 23 & 30, Jan 13, Feb 17, 24, Apr 14, 21, & May 26)

Fee: Weston Recreation Badge or \$4 Adult Resident, \$2 Child Resident, \$6 *Non-Resident regardless of age. *All non-residents must be accompanied by a Weston resident.

Adult Programs

Ballroom Dance

#38500

Instructor: Michele Cloutier

Across the country people are learning or re-learning the joys of ballroom dancing. Here's your chance to join them and master the most popular dances - ballroom, Latin and swing. By the end of our session you'll be prepared for any social event. This class accommodates both beginners through advanced students.

Limited to 12 couples

8, 1 hour sessions

Sec. A: Tuesdays, 7:30pm-8:30pm, Jan 9 - Feb 27

Fee: \$160* w/badge, \$180* w/o badge
*fees are per person

Beginner Mat Pilates

#38501

Instructor: Laura Langton

This systematic flowing style of exercise provides a safe and effective way to strengthen abs, improve posture and alignment, balance, breath, and circulation. We will lengthen and strengthen while creating an over-all sense of well-being. Please bring a yoga mat.

Limited to 10 participants

45 minute sessions

Monday, Wednesday, & Friday, 7:45am-8:30am
Jan 8 - Mar 23 (Cancelled Jan 15 & Feb 19)

Sec. A: 3x week

Sec. B: 2x week

Fee Sec. A: \$280 w/badge, \$300 w/o badge

Fee Sec. B: \$220 w/badge, \$240 w/o badge

Attention Adults!

Do you need help with shoveling, odd jobs, computers or babysitting? This office has a Teen Job Book where Weston teens interested in performing various jobs have supplied their information. If you are looking for help, please come by the Recreation Department located at the Weston Community Center, 20 Alphabet Lane and take a look through the Book.

Mindfulness and Meditation for the Family

#38502

Instructor: Ramune Jauniskis

There is no denying it, it has been proven scientifically that meditation has many benefits. It increases focus and attention, improves memory and the ability to be creative, increases focus, not to mention that it makes you look younger. Why not take advantage of this able resource that all of us have readily at hand? Ramune Jauniskis, a master-teacher will lead a relaxing hour of meditation both silent and guided. For information about Ramune visit ramunejauniskis.reiki.

Limited to 15 participants

9, 1 hour sessions

Sec. A: Tuesdays, 6:00pm - 7:00pm, Jan 9 - Mar 6

Fee: \$155 w/badge, \$175 w/o badge

Saturday Open Gym

Enjoy a pick-up game in the gym. This is a perfect opportunity to spend time with family and friends. Note: gym equipment (basketballs, etc.) are not provided. Also, on occasion half of the gymnasium may be utilized for youth sports clinics run by the Recreation Department.

Saturdays, 1:00pm - 4:00pm, through May 12

(Cancelled Dec 23 & 30, Jan 13, Feb 17 & 24, Apr 14 & 21)

Fee: Weston Recreation Badge *or* \$4 Adult Resident, \$2 Child Resident (12 & under), \$6 *Non-Resident regardless of age. *All non-residents must be accompanied by a Weston resident.



Adult Programs

Tuesday Night Basketball

#27509

Please bring your own basketballs and enjoy a friendly pickup game, or use this time to practice and improve your skills! Code of Conduct: In an effort to make its athletic programs as enjoyable as possible for all those involved, the Weston Recreation Department requires that a positive and encouraging environment that supports good sportsmanship be maintained. Any participant (and/or their supporters) not practicing these values will first be warned. If the behavior deemed inappropriate continues, they will then be asked to leave the event by the individuals(s) running the program. Any subsequent repeat offenses will be grounds for exclusion (without refund) from that activity.

Tuesdays at the Middle School Gym
7:00pm* - 9:15pm through the end of August

Fee: \$200

*starting time may slightly alter depending on WHS sports schedule.

Saturday Morning 18+ Basketball

#27509

Get out of bed and come join this group for a great time playing pick-up basketball on Saturday morning. All abilities are welcome.

Saturdays, 7:45am-9:45am, through Jun 30
(Cancelled Dec 23 & 30)

Fee: \$200

Strengthen, Stretch & Cardio w/ Joni

#38503

Instructor: Joni Lebov

Joni has been a best seller at Weston Recreation for many years. She offers a low-impact, cardio dance workout including muscle conditioning, yoga, stretching, balance, and a core/abdominal segment too. All equipment provided, adapting exercises to all levels. Come try our friendly group!

Limited to 20 participants

1 hour sessions

Tuesdays & Thursdays, 9:15am-10:15am

Sec. A: Jan 2 - Feb 15

Sec. B: Feb 20 - Mar 29

Fee Sec. A: \$130 w/badge, \$150 w/o badge

Fee Sec. B: \$115 w/badge, \$135 w/o badge

Total Fitness w/Kathy

#38504

Instructor: Kathy Langenberg

Come in out of the cold! Energize yourself and improve your fitness while having fun! We will work on core strengthening, cardio conditioning, muscle strength and toning, and achieving good balance and posture, all to upbeat music. Hand and ankle weights, Pilates rings, Dynabands, and mats are supplied. No previous experience necessary. Everyone welcome!

Limited to 20 participants

28 or 21, 1 hour sessions

Monday, Wednesday, & Friday

9am-10am, Jan 3 - Mar 23

(Cancelled Jan 15, 19, Feb 19, Mar 5, 7, 9, & 12)

Sec. A: 3x week, 28 classes

Sec. B: 2x week, 21 classes

Fee Sec. A: \$240 w/badge, \$260 w/o badge

Fee Sec. B: \$175 w/badge, \$195 w/o badge

Adult Programs

Adult Beginner Tennis

#38505

Instructor: Longfellow Club Pro

Designed for adults who want to play and learn tennis in a supportive environment.

Limited to 6 participants

6, 90 minute sessions

held at the Longfellow Club

524 Boston Post Road, Wayland (Route 20)

Sec. A: Thursdays, 1:00pm-2:30pm, Jan 11 - Feb 15

Fee: \$165w/badge, \$185 w/o badge

Tennis Doubles Strategy for Adults

#38508

Instructor: Longfellow Club Pro

Learn the basics of doubles play. Learn how to find open holes, serve effectively and how to set-up your partner.

Limited to 6 participants

6, 90 minute sessions

held at the Longfellow Club

524 Boston Post Road, Wayland (Route 20)

Sec. A: Wednesdays, 1:00pm-2:30pm, Jan 10 - Feb 14

Fee: \$165w/badge, \$185 w/o badge

Adult Advanced Beginner Tennis

#38506

Instructor: Longfellow Club Pro

Designed for those who have completed a beginner level class or who have played tennis at some point in their lives.

Limited to 6 participants

6, 90 minute sessions

held at the Longfellow Club

524 Boston Post Road, Wayland (Route 20)

Sec. A: Tuesdays, 1:00pm-2:30pm, Jan 9 - Feb 13

Fee: \$165w/badge, \$185 w/o badge

Water Exercise

#38509

Instructor: Lily Gordon

Have fun while working out in the water! Great friendships are created; some are renewed. Whether you have arthritis, muscular weakness, or just everyday aches and pains, you will get something out of this class. We will work on posture and balance, muscular and cardiovascular strength, and relational outreach.

Limited to 25 participants

1 hour sessions at the Regis College Pool

9:00am - 10:00am, Mondays, Wednesdays, & Fridays

Jan 17 - Mar 23, (Cancelled Feb 19, Mar 2, 5, 7, & 9)

Sec. A: 3x per week

Sec. B: 2x per week

Fee Sec. A: \$195 w/badge, \$215 w/o badge

Fee Sec. B: \$175 w/badge, \$195 w/o badge

Tennis Singles Strategy for Adults

#38507

Instructor: Longfellow Club Pro

Learn the basics of singles play. Learn how to open the court, move around your opponent, and increase tactical knowledge.

Limited to 6 participants

6, 90 minute sessions

held at the Longfellow Club

524 Boston Post Road, Wayland (Route 20)

Sec. A: Mondays, 12:00pm-1:30pm, Jan 8 - Feb 12

Fee: \$165w/badge, \$185 w/o badge



American Red Cross Swim Lessons

Swim Level I

#38701

This course is designed for the non-swimmer who is getting used to the water. We will introduce bubble blowing, kicking with support, basic arm movements and floating with support. Emphasis will be on having fun while learning the basics.

Limited to 6 participants

8, 30 minute sessions at the Middle School Pool

Ages 3 - 13

Saturdays, Jan 20 - Mar 24 (Cancelled Feb 17 & Feb 24)

Sec. A: 1:00pm - 1:30pm

Sec. B: 2:00pm - 2:30pm

Sec. C: 2:30pm - 3:00pm

Fee: \$140 w/badge, \$160 w/o badge

Swim Level II

#38702

We will be focusing on beginner level skills. Children will be working on front and back floats, blowing bubbles, kicking and the introduction of the front crawl. The objective of the class is to give students success with swimming. Students must be able to put their face in the water for a three second count.

Limited to 8 participants

8, 30 minute sessions at the Middle School Pool

Ages 3 - 13

Saturdays, Jan 20 - Mar 24 (Cancelled Feb 17 & 24)

Sec. A: 1:30pm - 2:00pm

Sec. B: 2:00pm - 2:30pm

Sec. C: 2:30pm - 3:00pm

Fee: \$140 w/badge, \$160 w/o badge

Swim Level III

#38703

Students learn to coordinate the front crawl and backstroke and are given an introduction to the elementary backstroke. Diving from the side of the pool will also be taught.

Limited to 10 participants

8, 30 minute sessions at the Middle School Pool

Ages 3 - 13

Saturdays, Jan 20 - Mar 24 (Cancelled Feb 17 & 24)

Sec. A: 1:30pm - 2:00pm

Sec. B: 3:00pm - 3:30pm

Fee: \$140 w/badge, \$160 w/o badge

Swim Level IV

#38704

Students work on improving their strokes and increasing their endurance. We will be reviewing the elementary backstroke, front crawl, and backstroke. The instructor will introduce the breaststroke and sidestroke.

Limited to 10 participants

8, 30 minute sessions at the Middle School Pool

Ages 6 - 13

Saturdays, Jan 20 - Mar 24 (Cancelled Feb 17 & 24)

Sec. A: 1:00pm - 1:30pm

Sec. B: 3:30pm - 4:00pm

Fee: \$140 w/badge, \$160 w/badge

Swim Level V

#38705

The objective of this class is to coordinate and refine all of the key strokes. The butterfly stroke will be introduced and building endurance will be emphasized.

Limited to 10 participants

8, 30 minute sessions at the Middle School Pool

Ages 6 - 13

Saturdays, Jan 20 - Mar 24 (Cancelled Feb 17 & 24)

Sec. A: 3:30pm - 4:00pm

Fee: \$140 w/badge, \$160 w/o badge

Saturday Open Swim

Come have fun splashing around! Bring your suit and towel; lockers are available, but you must bring your own lock and empty out your locker after each visit. Patrons must sign in with the lifeguard on duty before entering the pool.

Saturdays, 1:00pm - 4:00pm ending June 2

(Cancelled Dec 23 & 30, Jan 13, Feb 17, 24, Apr 14, 21, & May 26)

Fee: Weston Recreation Badge or \$4 Adult Resident, \$2 Child Resident, \$6 *Non-Resident regardless of age. *All non-residents must be accompanied by a Weston resident.



Annual Egg Hunt

Hippity-hop to the Town Green and don't forget to bring your basket or bag for carrying eggs! There will be separate sections for different age groups and of course, there will be a special visit from the Spring Bunny. In case of inclement weather, meet the Bunny in front of Town Hall. No registration or fee required.

Saturday, March 31, 9am Sharp! on the Town Green.

Special thanks to Hammond Residential, RealLiving Real Estate, Weston Office, for sponsoring the spring egg hunt.



Special Thanks to: Cambridge Trust Company
for sponsoring the Concerts on the Town Green.



Weston Recreation Department
20 Alphabet Lane
Weston, MA 02493-0002

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